

Scottish Power National Cross Country Championships
Falkirk (Callendar Park) Saturday 10th February 2007

ScottishPower

gas and electricity

The energy people

Race	Start	Distance	Laps
Under 13 Boys	12.00	3,200m	Medium Lap
Under 13 Girls	12.15	3,200m	Medium Lap
Under 15 Boys	12.30	4,000m	Large Lap
Under 15 Girls	12.45	4,000m	Large Lap
U17/U20 Women	1.05	4,800m	Small Lap+Large Lap
Under 17 Men	1.25	6,400m	2 Medium Laps
Under 20 Men	1.55	8,000m	2 Large Laps
Senior Women	2.25	8,000m	2 Large Laps
Senior Men	3.00	12,000m	3 Large Laps



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ScottishPower

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National Cross Country
Championships –
Callendar Park, Falkirk
Saturday 10 February
2007



Falkirk Council

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TIMETABLE

ScottishPower National Cross Country Championships

Saturday 10 February 2007

RACE	DECLARATIONS CLOSE	RACE STARTS	DISTANCE
Under 13 Boys	11.30	12.00	3,200 metres
Under 13 Girls	11.45	12.15	3,200 metres
Under 15 Boys	12.00	12.30	4,000 metres
Under 15 Girls	12.15	12.45	4,000 metres
U17/U20 Women	12.35	1.05	4,800 metres
Under 17 Men	12.55	1.25	6,400 metres
Under 20 Men	1.25	1.55	8,000 metres
Senior Women	1.55	2.25	8,000 metres
Senior Men	2.30	3.00	12,000 metres

PRESENTATIONS

Individual presentations will take place immediately after each race. Team presentations will take place on the course as they are available. Individuals and teams involved are requested to hold themselves close to the Administration Area. Announcements will be made prior to the awards.

SPECIAL NOTES

1. It must be strictly observed that warming up is not allowed on the actual course. Disciplinary action may be taken against anyone who disregards this.
2. Spikes and cross-country shoes **must** be removed before entering Graeme High School.
3. All Female Races numbers have a **YELLOW BAND**.
4. In all races numbers must be worn on the **FRONT**. Competitors in the Under 17 and Under 20 Womens Race will also wear an age code number on the **BACK**.
5. For team competition Club members must wear their Club's vest, which must correspond to the colours as described in this Programme.
6. Athletes and spectators must not encroach on the Start / Finish area.
7. I.A.A.F. advertising rules will be strictly enforced.
8. At a previous National Cross Country Championships in Falkirk there was unacceptable damage to property and anti social behaviour. Clubs and team managers are requested to ensure that their athletes behave in a responsible manner in Graeme High School to ensure there is no damage to equipment or facilities. Clubs should provide suitable adult supervision for their young athletes.
9. Computer results will be on sale on the day

OFFICE BEARERS

Hon President: Rt. Hon. Sir Menzies Campbell, CBE, QC, MP
President: Alan Potts

ROAD RUNNING & CROSS COUNTRY COMMISSION

Convenor: Mrs Marjory Cook
Vice Convenor: Robin Thomas
Hon. Secretary: Brian Goodwin
Finance Officer: Graham Sword
Championship Convenor: Jim Young

THE AT MAYS TROPHY FOR THE OVERALL TEAM PERFORMANCE, Rules determining Winner of Trophy

Clubs will be awarded points in each race equal to the finish position of their team – 1st team (1 point), 2nd team (2 points), etc.

The AT Mays Trophy will be awarded to the club that scores the lowest aggregate number of points over the five national championships (calculated as above)

a) If part b fails to obtain a result then only clubs that have finished a senior team and declared teams in all other races are eligible for this trophy. In this case the trophy will be awarded to the club with the lowest aggregate number of points calculated as follows:

- for finishing team points are awarded as "a" above
- For declared but non-finishing teams the points awarded will be the highest team placing plus 1.

The result will be determined for clubs with 4 finishing teams and if failing to achieve a result, for 3 finishing teams and then 2 finishing teams.

b) Clubs not finishing a senior team are not eligible for this trophy.

c) In all cases in the event of a tie the position of the club finishing highest in the Senior race will be adjudged the winner.

The Pat Spence Memorial Trophy will be awarded for the overall women's team performance.

Prize Structure for the

ScottishPower National Cross Country Championships

SENIOR MEN and WOMEN – INDIVIDUAL 1st - £500, 2nd - £300, 3rd - £200

SENIOR MEN and WOMEN – CLUB: 1st - £300, 2nd - £200, 3rd - £100 (cheques made out to Clubs)

OVERALL SCOTTISHPOWER CLUB*: 1st - £1000, 2nd - £500, 3rd - £300 (cheques made out to Clubs)

*Criteria for OVERALL SCOTTISHPOWER CLUB – this is based on Club team positions for each race with 5 points for first Club down to 1 point for fifth Club. Highest cumulative points total wins. In the event of a tie, prize money will be shared.

HOST CLUB

Our thanks to the members of Falkirk Victoria Harriers whose efforts again assist in hosting the National Cross Country Championships are much appreciated.

WELCOME MESSAGES

It is my pleasure to welcome you all to Falkirk today. We are once again grateful to Falkirk Council for their support of these Championships.

The National Cross Country Championships are always an exciting event and I am looking forward to watching everyone compete today.

The Road Running and Cross Country Commission wish to thank Falkirk Victoria Harriers for their help both today and in preparation of the event. We would also like to thank all those Officials who have helped at many events throughout the Winter, and a special thanks to Jim Young and his "band of helpers" who are first to arrive to set out the course and last to leave, as they have to dismantle the course after the races. Thanks also to all the parents, coaches and supporters who come along to support the runners. Lastly to the athletes - Run well and enjoy the event.

Marjory Cook
Convenor, Road Running and Cross Country Commission

It gives me great pleasure to welcome you all to the **scottishathletics** National Cross Country Championships 2007. Once again this year we are delighted to have Scottish Power on board in sponsoring the event and in providing prizes for the Senior events and the overall Club.

Of course many people generously give their time in organising such an event as this, and thanks therefore must go to them - the officials, coaches, Road Running and Cross Country Commission, **scottishathletics** office staff and the members of Falkirk Victoria Harriers. Without them today's Championships would not take place

I am sure everyone will enjoy what should be a day of very competitive Cross Country competition and trust the spectators will support all the athletes and help them to produce their best performances.

To the competitors, the main players in today's proceedings, may I take this opportunity to wish you all a very enjoyable and successful day.

Alan Potts
President, **scottishathletics**

SCOTTISH POWER NATIONAL CROSS COUNTRY CHAMPIONSHIPS CALLENDAR PARK, FALKIRK, SATURDAY 10TH FEBRUARY 2007 RACE OFFICIALS

Referee	Ron Morrison	
Officials Reception	Alex Jackson	Graham Sword
Clerk of Course	Andy Stevenson	
Course Team	David Lothian	Dave Wilson
	Andy Ronald	Andy Stevenson
	and other members of Falkirk Victoria Harriers	
Start/Finish Area	Kevin Martin	Matt Ferguson
	Jim Young	Bob Reid
Starters	Sandy Robertson	
Judges	Bob McSweir (chief)	Ian Clifton
Funnel Control	Andy Law (chief)	Fred McLuskie
	Jim Semple	
	Males	
	Females	
	Kath Melville (chief)	Phyllis Law
	Isobel Baird	
Recorders(places)	Sandra Hardacre (chief)	Ian Hislop
	Neil Donachie (voice)	John Brash
	Rachael Halliday	Ian Mann
Recorders (time)	Molly Wilmoth (chief)	Allan Smith
	Bill MacDougall	
Timekeepers	Joe Bruce (chief)	Duncan McLaren
	Sheila Mac Dougall	Margaret Daly
	Des Gilmore	Graham Sword
Marksman	Fred McCluskie	Jim Semple
Declarations	Jen Jackson	
	Marion Donachie	Kevin Monaghan
Results	Peter Jackson (chief)	Alex Jackson
	Jen Jackson	Sheila Smart
Runners / Programmes		
Announcers		
Press	Brian Goodwin	Bill Melville
Presentations	Brian Goodwin	Alan Potts
	Marjory Cook	
Jury of Appeal	Marjory Cook	Robin Thomas
	Ian Clifton	
Medical Officer	Michelle Jeffrey	
Medical Services	St Andrews Ambulance	
Reception	Alan Potts	Marjory Cook
	Robin Thomas	Brian Goodwin
Event Manager	Ross Cunningham	
Convenors	Brian Goodwin	Jim Young

15th Annual Under 13 Boys' Championships (Over 11 but Under 13 as at 1 st September, 2006)	
Distance 3,200 metres	The race will start at 12.00
The winning team to hold the 'McKenzie Cup' for 12 months	Title holders Ron Hill Cambuslang H.
The winning individual to hold the 'Alex Nangle Memorial Trophy' for 12 months	Individual Winner: David Vernon (Nithsdale AC) TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops		
1 Sigurd Watt	2 Elliot Noble	3 Connor Adam	4 Jeremy O'Neill
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross		
5 Finlay Rae	6 Angus Johnston	7 Ben Johnstone	8 David Carter
9 Andrew Carter			
Banchory Stonehaven AC	Colours: Royal Blue with White band		
10 Andrew Melvin			
Calderglen Harriers	Colours: Amber and Black Vertical Stripes		
11 Richard Campbell	12 Lewis Douglas	13 Stuart Hill	14 Josh Ladds
15 Connor McCombe	16 Ewan Murray	17 Daniel Mullen	18 Scott Peters
19 Nicky Pryce	20 Craig Robinson	21 Mark Thomson	
Central AC	Colours: Yellow and Blue		
22 Tom Watson	23 Ross Milne	24 Conor Kerr	25 Alex Coubrough
26 Logan Bonar	27 Kelly Carnuthers	28 Roddy Irvine	29 Gordon Milne
30 Robbie Gathergood	31 Calum Gathergood	32 William Jamieson	33 Adam Hinton
34 Martin Hall	35 Ryan Butterworth		
City of Edinburgh AC	Colours: White with one Blue, one Black Hoop		
36 Peter Cameron	37 Tom Holligan	38 Rory MacFarlane	39 Ross Blair
40 Amil Mair	41 Euan McKean		
Clydesdale Harriers	Colours: White with Black "C"		
42 Tony Dolan			
Corstorphine AAC	Colours: White with Black Trim		
43 Christopher Galloway	44 Dugald Hepburn	45 Connor Johnston	46 Craig Nolan
47 Craig Owen	48 Tim Sawrey	49 Callum Smith	
Dundee Hawkhill Harriers	Colours: Blue and White Quarters		
50 Michael Overend	51 Shaun Dempsey	52 David Phinn	
Dunfermline & West Fife AC	Colours: Dark Blue, Light Blue, White		
53 Rory Muir			
East Kilbride AAC	Colours: Gold with 2 Black hoops		
54 Alexander Bell	55 Scott Hernon	56 Michael Hutchison	57 Corey Little
58 Ross MacFarlane	59 Ryan McGowan	60 Steven McKenzie	61 Nathan Milligan
62 Niall Mitchell	63 Fraser Moxey	64 Scott Murray	65 Scott Venters
66 Robbie Whelan	67 Blair Ritchie		
Falkirk Victoria Harriers	Colours: Black with Gold Band		
68 Ben Stevenson	69 Gavin Ferguson	70 Scott Stirling	71 Martyn Craig
72 Christopher Ogilvie	73 Gavin Weir		
Fife AC	Colours: White with Red Band		
74 Adam Harris	75 Ryan McIntosh	76 Alasdair Mudie	77 Tom Groves
Gala Harriers	Colours: White with Green Band		
78 Cameron Gowans	79 Dylan Howel	80 David Bonnar	
Garscube Harriers	Colours: White with Blue Band		
81 James Ross	82 Archie Prince	83 Gavyn Chalmers	84 Marc Austin
George Heriots School	Colours: White with Blue Band		
85 Sam Harrison	86 Daniel Sakovics	87 Scott MacDougall	88 Bruce Mouet
89 Matthew Arnold			

Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
90 Sandy Nimmo	91 Grant Muir	92 Max Lott	93 James Gray
94 Neil Gourley	95 Fraser Walker	96 Drew Hollinshead	97 Scott Chapman
98 Scott Meenan			
Girvan AAC	Colours: White with Blue & Green Hoops		
99 James McTaggart	100 Caine Wilson		
Harmeny AC	Colours: Red with Green Diagonal		
101 Harris McGaff			
Inverclyde AC	Colours: Black & White Stripes		
102 Kieran Anderson	103 Jack Bushfield	104 Michael Houston	105 Kyle McCabe
106 Greg Williams			
Inverness Harriers	Colours: Gold with Maroon Diagonal		
107 Craig Campbell			
Johnnie Walker Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
108 Cameron Mackie	109 Andrew Martin	110 Evan Cornforth	111 Roy Shankland
112 Fergus Morris			
Kilbarchan AAC	Colours: Gold with Black Hoop		
113 Gregor McEwan	114 Matt Wild	115 Paul Johnstone	116 Ross Heggie
117 Scott Williams	118 Stephen Howie	119 Jack Lochlans	120 Daniel Fullerton
121 Alasdair McDougall	122 Jack Baird	123 Calum McLeod	124 Andrew Quinn
125 Ross Fleming			
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
126 Christopher Allan	127 Scott Molloy	128 Callum Heirs	129 Scott Lawrie
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
130 Adam Lyon	131 Ryan Cook	132 Andrew Loudon	
133 Jonathan Simpson			
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
134 Ross Hill	135 Calum Lindsay	136 Daniel Grieve	137 Sean Houston
Lothian Running Club	Colours: Blue with Black letters		
138 Daniel McLaughlin			
Montrose & D AC	Colours: Black and Red		
139 Stuart Turner			
Moray Road Runners	Colours: Dayglow yellow with Black Trim		
140 Moray Goodfellow	141 Ryan Farquhar		
Nithsdale AC	Colours: Jade Green/Black/White		
142 Calum Gibson			
Perth Strathgait Harriers	Colours: Orange with Blue Trim		
143 William Hughes			
Pitcavie AAC	Colours: Navy/Yellow/White		
144 Fergus McGaw	145 Callum McQueen		
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
146 Michael Rankin	147 Stephen Ponsonby	148 Scott Blackwood	149 Kriss Bready
150 Robert Cockburn	151 Kris Gebbie	152 John Blythe	
Shettleston Harriers	Colours: Blue with Yellow Band		
153 Gary Smith	154 Nicholas Devlin	155 Stephen Wallace	156 Jack Mills
157 Ryan Taylor	158 David Taylor	159 John Brogan	160 Patrick O'Donnell
Stornoway RC	Colours: Red with Yellow Hoop		
161 Robert Jones	162 Calum Robertson	163 Sean MacLeod	164 Mark Logue
165 Michael Paton			
Teviotdale Harriers	Colours: White with Maroon Band		
166 Josh Noble			
Victoria Park AAC	Colours: Blue and White Hoops		
167 Max Aitchison	168 Paul MacFarlane	169 Lewis Wilson	170 Findlay Parker
Whitemoss AAC	Colours: Black and Yellow		
171 Euan Walker	172 Nicholas Phillips	173 Craig Whyteside	

15th Annual Under 13 Girls' Championships (Over 11 but Under 13 as at 1 st September, 2006)	
Distance 3,200 metres	The race will start at 12.15
The winning team to hold the 'John Waddell Shield' for 12 months	Title holders: Fife AC
The winning individual to hold the 'William Bramwell Trophy' for 12 months	Individual Winner: Alice Haining (Gala Harriers) TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops	
1 Katie Bain	2 Abbey Buchan	3 Kate Murdoch
Arbroath & District AC	Colours: Black with vertical yellow stripe	
4 Naomi Dunphy	5 April Hunter	
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross	
6 Katie Sprang	7 Lauren Goldie	8 Marie Hill
9 Rosalind MacDonald	10 Jemma McSheffery	
Caithness AAC	Colours: White with Blue Line	
11 Hannah Deighan	12 Jade Currie	13 Emma Dunnett
14 Oonagh Dunnett	15 Bethany Wilson	
Caldergleng Harriers	Colours: Amber and Black Vertical Stripes	
16 Emma Campbell	17 Nicola Hill	18 Sarah Miller
Central AC	Colours: Yellow and Blue	
20 Kirsty Buchanan	21 Shona Buchanan	22 Fionn Hargreaves
23 Rachel Adamson	24 Chloe Rock	25 Amy Hendry
City of Edinburgh AC	Colours: White with one Blue, one Black Hoop	
26 Olivia O'Hare	27 Faye Kearney	28 Laura Robertson
30 Lee Anne Calvey		29 Nicki Thomson
City of Glasgow AC	Colours: Royal Blue with Green Panel	
31 Amy MacLellan	32 Rachel Knox	33 Johana Brady
Corstorphine AAC	Colours: White with Black Trim	34 Kirstin Halliday
35 Lisa Christy	36 Bronwen Edgar	
Dundee Hawkhill Harriers	Colours: Blue and White Quarters	
37 Louisa Stewart	38 Iona Brodie	39 Aeron Mellish
East Cheshire II & Tameside AC		40 Amy Barton
41 Kirsten McAslan		
East Kilbride AAC	Colours: Gold with 2 Black hoops	
42 Claire Burt	43 Rhona Calder	44 Julia Calder
46 Jacqueline Fergusson	47 Morgan Frier	48 Laura McLaughlin
49 Hayley Middleton	50 Hannah Milligan	51 Rachael Thomson
53 Jennifer Waddell		52 Rachel Thorpe
Edinburgh Southern II	Colours: White /Blue /Red	
54 Rachael Dunn	55 Emily Owens	56 Eilidh Manson
57 Jennifer Cropley	58 Caitlin Gray	59 Hannah Baird
Falkirk Victoria Harriers	Colours: Black with Gold Band	
60 Ailsa Scott	61 Jane Ainslie	62 Amy Manson
64 Hazel Murray	65 Sarah Hamilton	66 Caitlin Thomson
68 Hollie Lister		63 Abby Kemp
Fife AC	Colours: White with Red Band	67 Lucy Mitchell
69 Grace Collison-Owen	70 Olivia Collison-Owen	71 Emily Fitzpatrick
73 Maya Stone		72 Halina Rees
Gala Harriers	Colours: White with Green Band	
74 Alice Haining	75 Hannah Jones	76 Emily Jones
78 Claire White	79 Kristina Gray	80 Laura Anderson
Garscube Harriers	Colours: White with Blue Band	
81 Sophie Jones		77 Martha Douglas

Giffnock North AAC	Colours: Amber with Royal Blue Hoop	
82 Karin Belch	83 Abigail Duff	84 A Black
85 Petrena Marshall	86 Frances Lowrie	87 Nikki Manson
88 Stephanie Fairfield	89 Lucy Patrick	90 Rebecca Patrick
Glasgow School of Sport		
91 Caitlin Vaughan	92 Sarah Hodge	
Harmeny AC	Colours: Red with Green Diagonal	
93 Emma Burke		
Helensburgh AAC	Colours: Yellow with Red Band	
94 Madeline Robinson		
Inverclyde AC	Colours: Black & White Stripes	
95 Anna Gillies	96 Sarah Glenney	97 Hannah McIntyre
98 Emma Meechan	99 Natalie O'Neill	
Irvine AC	Colours: Red with Black Trim	
100 Ashley McQueen	101 Paige Douglas	102 Victoria Conway
103 Stephanie Dalgoutte		
Johnnie Walker Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes	
104 Bethany Ross	105 Stephanie Sloan	106 Amanda Humes
107 Gemma McCutcheon	108 Brogan Wallace	109 Laura Reilly
Kilbarchan AAC	Colours: Gold with Black Hoop	
110 Elaine Eadie	111 Jennifer Frew	112 Gemma Petrie
114 Vanessa Hogan	115 Jennifer Eadie	116 Susan Porteous
117 Kirsty Boswell	118 Robyn Lewis	119 Beth Milligan
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops	
120 Clare Brown	121 Maria Milliken	122 Stella Winters
123 Deborah Hannah	124 Aimee Stack	125 Andrea Gaffney
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band	
126 Madeleine Sweeney-Baird	127 Chloe Thomson	
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band	
128 Megan Gray	129 Gwen Morris	130 Cheleie Dalziel
132 Julie Dobbin	133 Leigh Sinton	131 Alice Fingland
Livingston & District AAC	Colours: Yellow with Green Stripe	
134 Nancy Sneddon	135 Blair Wood	136 Lauren MacLeod
138 Rachael Rooney		137 Laura Rooney
Nithsdale AC	Colours: Jade Green/Black/White	
139 Mali MacKenzie	140 Katy Brown	
Perth Strathfay Harriers	Colours: Orange with Blue Trim	
141 Cara Tavendale		
Pitreavie AAC	Colours: Navy/Yellow/White	
142 Kathryn Pennel	143 Sarah Turner	144 Katie Reid
Ron Hill Cambuslang Harriers	Colours: Red with White Band	145 Megan Kirk
146 Mairi Brown	147 Lauren Baird	148 Gemma Connelly
150 Claire Wotherspoon		149 Lucy Deeny
Shetland AAC	Colours: White Vests 3 Blue Hoops	
151 Katie Bristow	152 Sarah Leask	
Shettleston Harriers	Colours: Blue with Yellow Band	
153 Amanda Monaghan	154 Kirstin Wood	155 Emma Porteous
156 Helen Pawelczyk	157 Danielle McConway	
Stornoway RC	Colours: Red with Yellow Hoop	
158 Rebecca Munro	159 Madeline Reedy	160 Katrinana McKay
Teviotdale Harriers	Colours: White with Maroon Band	
161 Kaylee Fraser		
Whitemoss AAC	Colours: Black and Yellow	
162 Kirsty Jamieson		

15th Annual Under 15 Boys' Championships (Over 13 but Under 15 as at 1 st September, 2006)	
Distance 4,000 metres	The race will start at 12.30
The winning team to hold the 'John D Semple Cup' for 12 months	Title holders: Kilbarchan AAC
The winning individual to hold the 'Jock Semple Trophy' for 12 months	Individual Winner: Sean Reilly (Central AC) TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops		
174 Ryan Gauld	175 Lewis Stephen		
Arran Runners	Colours: Black/Yellow		
176 Cameron Paul			
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross		
177 Mark Ferguson	178 Andrew Rae	179 Thomas Andrews	
180 Callum Aitkenhead			
Banchory Stonehaven AC	Colours: Royal Blue with White band		
181 Robbie Simpson	182 Ruairidh Marchant		
Calderglen Harriers	Colours: Amber and Black Vertical Stripes		
183 Grant Ferguson	184 Kyle Gatens		
Central AC	Colours: Yellow and Blue		
185 Anthony Gillespie	186 Scott Green	187 David Hutchison	
188 Mathew Hinton	189 David MacKinlay	190 Andrew Butchart	
City of Edinburgh AC	Colours: White with one Blue, one Black Hoop		
191 Rory Anderson	192 Jonathan Wolf	193 Edward Dudgeon	194 Craig Paulin
195 Tom Ryan	196 Fraser Mann	197 Nikhil Mair	198 Marc Robson
Clydesdale Harriers	Colours: White with Black "C"		
199 Alistair Gilmour	200 Peter Bowman		
Corstorphine AAC	Colours: White with Black Trim		
201 Andrew Christy	202 Fergus McNab	203 Declan McTighe	204 Fraser Scott
Dundee Hawkhill Harriers	Colours: Blue and White Quarters		
205 Paul Dempsey	206 Ruben Toy		
East Kilbride AAC	Colours: Gold with 2 Black hoops		
207 Paul Brooks	208 Fraser Jamieson	209 Adam Gatens	
210 Calum McLaughlin	211 David MacMillan	212 Stephen Paris	213 Cameron Reid
214 Damian Sanaghan	215 Andrew Shaw	216 Lewis Udoh	
217 Andrew Wardrop			
Falkirk Victoria Harriers	Colours: Black with Gold Band		
218 Andrew Crone	219 Ewan Murray	220 Euan Martin	221 Darren Weir
222 Fraser Stirling	223 Kieran Skelton	224 James Stevenson	
225 Graeme MacGregor			
Fife AC	Colours: White with Red Band		
226 Mark S Buchan	227 Connor Hawkins	228 Andrew Hood	229 Liam Hutson
Gala Harriers	Colours: White with Green Band		
230 James Haining	231 Craig Frater	232 Andrew McCrirrick	233 Cameron Fair
George Heriots School	Colours: White with Blue Band		
234 Fraser Gunn	235 Roger Poolman	236 Ross Christie	237 Joshua Yates
238 William Johnstone	239 Gordon Revolta		
Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
240 Miles Hollinshead	241 Ewan McCallum	242 Matthew Ritchie	
243 Alistair McCallum	244 Greg Turner	245 Alistair Strang	246 Andrew Black
Girvan AAC	Colours: White with Blue & Green Hoops		
247 James Galliford			
Glasgow School of Sport			
248 Andrew Daisley			

Inverclyde AC	Colours: Black & White Stripes		
249 Craig Anderson	250 Andrew Campbell	251 Paul Currie	
252 Andrew Daisley			
Johnnie Walker Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
253 Ross Connelly	254 Craig Robertson	255 David Meikle	
256 Murray McDonald	257 Gregory Leyden		
Kilbarchan AAC	Colours: Gold with Black Hoop		
258 Simon Urie	259 Lewis Boyd	260 Brett Wild	261 Graham Evans
262 Connor Henderson	263 Thomas McDonald	264 David Claes	
265 Callum Hawkins	266 Andrew McAlpine	267 Scott Fleming	
268 Blair Crawford	269 Scott McAulay	270 Stephen Fleming	
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
271 Adam Hamilton	272 Craig McIntyre	273 Kyle McBride	
Larkhall YMCA	Colours: Red with White Hoops		
274 Paul Gallacher			
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
275 Zander Lyon	276 Peter Loudon	277 William Simpson	
278 Lindsay Gordon			
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
279 Scott McCrossan	280 Bobby Hill	281 Thomas Lafferty	
282 Ross MacDonald	283 Billy Clarkson		
Livingston & District AAC	Colours: Yellow with Green Stripe		
284 Craig McDowall	285 Jonathan Wood		
Moray Road Runners	Colours: Dayglow yellow with Black Trim		
286 Donald Shand	287 Mark Farquhar		
Nithsdale AC	Colours: Jade Green/Black/White		
288 David Vernon	289 Jack Hastings		
Perth Strathgry Harriers	Colours: Orange with Blue Trim		
290 Douglas Lambie	291 Andrew Davidson	292 Ben McKinnon	
Pitreavie AAC	Colours: Navy/Yellow/White		
293 Craig Robinson	294 Richard Le Good	295 Calum McGaw	
296 Peter Munnoch	297 Anthony Young	298 Callum Wilson	
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
299 Andrew Coulter	300 Liam Deeny	301 Ryan Harkin	302 Craig Nelson
303 Jack Hamilton	304 Stewart Orr	305 Jordan Samson	
306 Andrew Wilson			
Shetland AAC	Colours: White Vests 3 Blue Hoops		
307 Bobby Bristow	308 Tom Moncrieff		
Shettleston Harriers	Colours: Blue with Yellow Band		
309 Andrew Dearie	310 Lachlan Oates	311 Gary McBride	
312 Adam Drummond	313 Jamie Holding	314 Andrew McColl	
Stornoway RC	Colours: Red with Yellow Hoop		
315 Robert Smith			
Victoria Park AAC	Colours: Blue and White Hoops		
316 Michael Gray	317 Gavin Murty	318 Stuart Ross	319 Rory Stewart
West Dunbartonshire AC	Colours: Green with Navy Blue Stripe		
320 Craig Prior			
Whitemoss AAC	Colours: Black and Yellow		
321 Ross McCord	322 John Robertson		

15th Annual Under 15 Girls' Championships (Over 13 but Under 15 as at 1 st September, 2006)	
Distance 4,000 metres	The race will start at 12.45
The winning team to hold the 'Falkirk District Sports Council Trophy' for 12 months	Title holders: Kilbarchan AAC
The winning individual to hold the 'William Bramwell Memorial Trophy' for 12 months	Individual Winner: Elizabeth Potter (City of Glasgow) TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops		
163 Rachel Armitage	164 Ellie Buchan	165 Claire Buchan	166 Harriet McRae
167 Kerry Prise	168 Katie Grace Taylor		
Arbroath & District AC	Colours: Black with vertical yellow stripe		
169 Becky Dunphy	170 Lauren Shepherd		
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross		
171 Stephanie Dougan	172 Gina Van-Ulsen		
Banchory Stonehaven AC	Colours: Royal Blue with White band		
173 Megan Albon			
Central AC	Colours: Yellow and Blue		
174 Lorna Cameron	175 Fiona Cameron	176 Mairi Gillespie	177 Rebecca Hay
178 Claire Tunaley	179 Anna Jamieson	180 Catriona Buchanan	181 Georgia Quinn
182 Eilidh Hargreaves			
City of Edinburgh AC	Colours: White with one Blue, one Black Hoop		
183 Jenny MacDougall	184 Samantha Blair	185 Stacey Pendrigh	
186 Megan Gaffney	187 Morag Blythe		
City of Glasgow AC	Colours: Royal Blue with Green Panel		
188 Rhian Dawes	189 Rachel McLellan	190 Hollie Young	
191 Michaela Stephen	192 Elizabeth Potter	193 Sarah Potter	
Clydesdale Harriers	Colours: White with Black "C"		
194 Beth MacKenzie			
Corstorphine AAC	Colours: White with Black Trim		
195 Danielle Clyde	196 Eilidh Nolan		
Dundee Hawkhill Harriers	Colours: Blue and White Quarters		
197 Emily Stewart	198 Chelsea Watson	199 Claire Fox	
200 Yolanda Hodgson	201 Suzanne Salmond		
Dunfermline & West Fife AC	Colours: Dark Blue, Light Blue, White		
202 Laura Muir			
East Kilbride AAC	Colours: Gold with 2 Black hoops		
203 Fiona Borthwick	204 Hayley Frier	205 Deborah Stokoe	
Edinburgh Southern H	Colours: White /Blue /Red		
206 Emily Dudgeon	207 Fiona Sinclair	208 Claire Florence	209 Fiona Trew
210 Sarah Brown	211 Laura Goodson	212 Phoebe Martin	213 Beth Cropley
Elgin AAC	Colours: Black White Band		
214 Gemma Cormack	215 Kayleigh Jarrett		
Falkirk Victoria Harriers	Colours: Black with Gold Band		
216 Megan McLeish	217 Lillian Archibald		
Fife AC	Colours: White with Red Band		
218 Fiona Bracegirdle	219 Lucy Duff	220 Kirsty Hamilton	221 Sarah Kelly
222 Kiri Stone			
Forres Harriers	Colours: Red		
223 Eleanor Duncan			
Gala Harriers	Colours: White with Green Band		
224 Harriet Murray	225 Gillian Inglis	226 Gillian Sandie	
227 Ashleigh Hedderly			

Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
228 Claire McAuley	229 Catriona Lockie	230 Joanna Thomson	231 Anna Hilley
232 Alex Porteous	233 Effie Gray	234 B Frank	235 H Thomson
236 Mhairi McCluskey			
Glasgow School of Sport			
237 Samantha Kelly			
Greenock Glenpark Harriers	Colours: Sky Blue with Royal Blue and Gold Hoops		
238 Emily Pollock			
Helensburgh AAC	Colours: Yellow with Red Band		
239 Cheryl Clarke			
Inverclyde AC	Colours: Black & White Stripes		
240 Rachael Bushfield	241 Deborah Moore	242 Nynke Mullholland	243 Emma Rice
244 Lauren Thompson	245 Susan Waugh		
Irvine AC	Colours: Red with Black Trim		
246 Sarah Munn			
Johnnie Walker Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
247 Lois Shankland	248 Sarah McNish	249 Mia Tait	250 Sally Pugh
Kilbarchan AAC	Colours: Gold with Black Hoop		
251 Sarah Ogilvie	252 Kirsty Porteous	253 Ainsley Hards	
254 Vanessa Young	255 Amanda Herron	256 Lisa Petrie	
257 Deborah Henderson	258 Samantha Kelly	259 Laura Adams	260 Sorcha Lynch
261 Charlotte Walker			
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
262 Jodie Mullen	263 Diane Ramsay	264 Gillian Reid	
265 Rebecca MacLennan	266 Lauren McIntyre	267 Alexandra Lamond	
268 Jennifer Hannah	269 Lara Gorman		
Larkhall YMCA	Colours: Red with White Hoops		
270 Jodie Frame	271 Mhairi Speedie		
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
272 Kathryn Peacock			
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
273 Abby Currie	274 Nicola Lindsay	275 Fiona Parkin	276 Emma Walker
Livingston & District AAC	Colours: Yellow with Green Stripe		
277 Amanda Campbell	278 Jennifer Rogers		
Lothian Running Club	Colours: Blue with Black letters		
279 Lana Turnbull			
Nithsdale AC	Colours: Jade Green/Black/White		
280 Stephanie Barnes	281 Jessie Liddon		
Perth Strathay Harriers	Colours: Orange with Blue Trim		
282 Susan Peddie	283 Rachel Clark		
Pitreavie AAC	Colours: Navy/Yellow/White		
284 Natalie Fox			
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
285 Amanda Gebbie	286 Claire Wallace	287 Rebecca Forrest	
Shetland AAC	Colours: White Vests 3 Blue Hoops		
288 Emma Leask	289 Inga Woods	290 Sadie Younger	
291 Sophie-May Leyland			
Victoria Park AAC	Colours: Blue and White Hoops		
292 Corrine McConnachie			
Whitemoss AAC	Colours: Black and Yellow		
293 Rachel Barlas	294 Lauren Mooney		
Worcester AC			
295 Monica McCluskey			

15th Annual Under 17 and Under 20 Womens' Championships (Over 15 but Under 17 as at 1 st September, 2006) (Over 17 but Under 20 as at 1 st September, 2006)	
Distance 4,800 metres	The race will start at 1.05
Under 17 The winning team to hold the 'Dundee Parks Dept. Trophy' for 12 months	Under 17 Title holders: Kilbarchan AAC
Under 17 The winning individual to hold the 'Lothian Trophy' for 12 months	Under 17 Individual Winner: Siobahn Coleman (Pitcreavie AAC)
Under 20 Team	Under 20 Title holders: Dundee Hawkhill H
Under 20 The winning individual to hold the 'The Gunstone Millennium Trophy' for 12 months	Under 20 Individual Winner: Marbeth Shiell (Edinburgh Southern H)
TEAMS NOT LESS THAN 3 & 3 TO COUNT	

Aberdeen AAC	Colours: White with 2 red hoops	
296 Paula Davies	297 Courtney Duff	298 Laura Hepburn
299 Amy Longmuir	300 Christie Noble	301 Siobhan Prise
302 Catherine Nicol (U20)	303 Hilary Armitage (U20)	304 Anna Fleming (U20)
305 Charlotte Forbes (U20)		
Arbroath & District AC	Colours: Black with vertical yellow stripe	
306 Sarah Connolly		
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross	
307 Heather Ridland	308 Melissa Hewitson	
Central AC	Colours: Yellow and Blue	
309 Rachel Hunter	310 Jennifer Emsley (U20)	
City of Edinburgh AC	Colours: White with one Blue, one Black Hoop	
311 Lauren Stoddart	312 Isabel Scott- Moncrieff	313 Kinga Zozula
314 Stephanie Lyall (U20)		
City of Glasgow AC	Colours: Royal Blue with Green Panel	
315 Rebecca Finch	316 Josephine Moultrie	317 Katie Wyllie
319 Lorna Young (U20)	320 Helen Sweeney (U20)	318 Anna Bruce
Corstorphine AAC	Colours: White with Black Trim	
321 Kathleen Dempsey	322 Mhairi Hunter	323 Megan Smith (U20)
Dundee Hawkhill Harriers	Colours: Blue and White Quarters	
324 Elizabeth MacLeish	325 Hannah Kilpatrick	326 Laura Brown (U20)
327 Lyndsey Aitken (U20)	328 Heather Brookes (U20)	
East Kilbride AAC	Colours: Gold with 2 Black hoops	
329 Beth Duff	330 Kathryn Duff	331 Stephanie Wright
Edinburgh Southern H	Colours: White /Blue /Red	332 Victoria Reid
333 Rachel Kerr	334 Alice Loudon	335 Catriona Sinclair
336 Roslyn Campbell (U20)		
Edinburgh University H&H	Colours: Green with White side Panel	
337 Hannah Edwards (U20)	338 Rowena Bell-Scott (U20)	
339 Miranda Wilson (U20)		
Fife AC	Colours: White with Red Band	
340 Jennifer Kibble	341 Jenny Tan	342 Claire Jarvis (U20)
343 Anne Lloyd-Evans (U20)		344 Hester Dix (U20)
Giffnock North AAC	Colours: Amber with Royal Blue Hoop	
345 Nicole McLeod	346 Rachel McDowall	347 Lauren Hollinshead
348 Nicola Callaghan	349 Laura Taylor	350 Caroline Adams
352 Sarah Phee (U20)	353 Lauren Baird (U20)	354 Ruth Joss (U20)
Girvan AAC	Colours: White with Blue & Green Hoops	351 Amy Bissland
355 Laura McTaggart		
Greenock Glenpark Harriers		
Colours: Sky Blue with Royal Blue and Gold Hoops		
356 Emma Baxter	357 Katie Pollock	

Johnnie Walker Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes	
167 Colleen Tait	168 Lauren Campbell	169 Maire Gorman
171 Yvonne Richmond	172 Emma Mackie (U20)	170 Amy Milliken
Kilbarchan AAC	Colours: Gold with Black Hoop	
173 Michelle Bell	174 Lauren Young	175 Natalie Sharp
177 Christina Rankin	178 Eilidh Menzies	179 Jillian Allan
180 Cara Sloss (U20)	181 Elspeth Curran (U20)	182 Claire MacAulay (U20)
183 Claire McNicol (U20)	184 Fiona McIntyre (U20)	
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops	
185 Julie Connelly	186 Sarah MacLennan	187 Laura McKie
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band	
188 Emma Gordon	189 Jill Bonthron	
Livingston & District AAC	Colours: Yellow with Green Stripe	
190 Louise Crilly (U20)		
Lothian Running Club	Colours: Blue with Black letters	
191 Mhairi Inglis	192 Sarah Inglis	
Montrose & D AC	Colours: Black and Red	
193 Jade McDonald		
Moray Road Runners	Colours: Dayglow yellow with Black Trim	
194 Laura Sharp		
Nithsdale AC	Colours: Jade Green/Black/White	
195 Nicola Hood	196 Kirsty Liddon	
Pitcreavie AAC	Colours: Navy/Yellow/White	
197 Sarah Ross	198 Levi Young	
Ron Hill Cambuslang Harriers	Colours: Red with White Band	
199 Caitlin Hendry	200 Danielle Melville	693 Chloe Davidson
Shetland AAC	Colours: White Vests 3 Blue Hoops	
694 Jenny Richardson		
Stornoway RC	Colours: Red with Yellow Hoop	
695 Eilidh MacKenzie (U20)		696 Chirsty MacLeod (U20)
Victoria Park AAC	Colours: Blue and White Hoops	
697 Abbey McGhee	698 Aisling McGhee	
Whitemoss AAC	Colours: Black and Yellow	
699 Julie Whyteside	700 Laura McCord	701 Stephanie Robertson

15th Annual Under 17 Mens' Championships (Over 15 but Under 17 as at 1 st September, 2006)	
Distance 6,400 metres	The race will start at 1.25
The winning team to hold the 'Bryson Cup' for 12 months	Title holders: Kilbarchan AAC
The winning individual to hold the 'Goodwin Bowl' for 12 months	Individual Winner: Michael Gillespie (Central AC)
TEAMS NOT LESS THAN 4 & 4 TO COUNT	

Aberdeen AAC	Colours: White with 2 red hoops	
323 James Joy	324 Rory Leslie	325 Cameron Strachan
327 Mark Ibbotson		326 Ross Fulton
Arbroath & District AC	Colours: Black with vertical yellow stripe	
328 Lewis Morrison		
Arran Runners	Colours: Black/Yellow	
329 Nicholas Emsley		
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross	
330 Greg Templeton	331 Alex Oliver	
Caithness AAC	Colours: White with Blue Line	
332 Graeme Taylor		

Calderglen Harriers Colours: Amber and Black Vertical Stripes
333 Ben Ferguson 334 Jamie Ferguson 335 Stephen Reilly

Central AC Colours: Yellow and Blue
336 Sean Reilly 337 Scott McDonald 338 Alexander Hendry

City of Edinburgh AC Colours: White with one Blue, one Black Hoop
340 Chris O'Hare 341 Stewart Fraser 342 Adam MacKenzie 343 Jamie Smith
344 Shaun Devenney 345 Gary Hamilton

Clydesdale Harriers Colours: White with Black "C"
346 Ryan Savage 347 David Brown 348 Ryan Nelson

Dundee Hawkhill Harriers Colours: Blue and White Quarters
349 Craig Angus 350 Ryan Conway 351 Jack Anderson

East Kilbride AAC Colours: Gold with 2 Black hoops
352 Jamie Clements 353 John Ferguson 354 David Gorman 355 Kevin Harvey
356 Fraser Morgan 357 Niall Walker

Falkirk Victoria Harriers Colours: Black with Gold Band
358 Ryan Scott

Fife AC Colours: White with Red Band
359 Ryan Ritchie

Forres Harriers Colours: Red
360 Grant Cameron

George Heriots School Colours: White with Blue Band
361 Jonathan Neville 362 Charles Brown 363 Graham Dickson
364 Ben McCullough-Young 365 Lewis Just
366 Matthew Haigh 367 Douglas Cameron 368 Mark Shand

Giffnock North AAC Colours: Amber with Royal Blue Hoop
369 Rory Cartwright 370 Jamie MacGregor 371 Ian Whiteford
372 Stuart Whiteford 373 David Walker 374 Lyle Frank
375 Ross McLealie

Girvan AAC Colours: White with Blue & Green Hoops
376 Colin Sturgeon 377 Andrew Girvan

Glasgow School of Sport
378 Daniel Swanson 379 John Cooke 380 Stephen Cooke 381 Kenneth Boyd
382 Joseph Bole 383 Sean Fontana

Inverclyde AC Colours: Black & White Stripes
384 David Bateman

Irvine AC Colours: Red with Black Trim
385 Ryan McDonald

Johnnie Walker Kilmarnock Harriers Colours: Royal Blue with 2 White Stripes
386 Cameron Wilson 387 James Wales 388 Roger Naughton

Kilbarchan AAC Colours: Gold with Black Hoop
389 Stuart King 390 Stuart Miller 391 Grant Higgins 392 Paul Leck
393 Mark McGovern 394 Stephen McGoldrick 395 Scott Hawkins 396 Andrew Black

Kirkintilloch Olympians Colours: Sky Blue with White and Black Hoops
397 Allan Ramsay 398 Neill Hamilton 399 Kevin Cornes 400 Adam Peters
401 Matthew Graham 402 Andrew Gourlay

Lasswade AAC Colours: White with 2 Blue Bands and Red Band
403 Martin Brash 404 Scott Anderson

Law & District AAC Colours: Amber with 2 Red Bands and 1 White Band
405 Barry Spence 406 Fraser Dickson

Livingston & District AAC Colours: Yellow with Green Stripe
407 Ian Hardacre

Lothian Running Club Colours: Blue with Black letters
408 Robert Inglis

Montrose & D AC Colours: Black and Red
409 Ian Towle

Moray Road Runners Colours: Dayglow yellow with Black Trim
410 Robbie Cammack 411 Kenneth Wilson

Nithsdale AC Colours: Jade Green/Black/White
412 Ross Hastings 413 Andrew Gibson

Perth Strathtay Harriers Colours: Orange with Blue Trim
414 Joseph Libby

Pitreavie AAC Colours: Navy/Yellow/White
415 Alan Love 416 Paul McNellis 417 Andrew Clark

Ron Hill Cambuslang Harriers Colours: Red with White Band
418 Raymond Black 419 Paul McGarry 420 Connor Gallacher 421 Ian McDonald
422 Andrew Robertson 423 Steven Taggart

Shetland AAC Colours: White Vests 3 Blue Hoops
424 Joshua Morrison

Shettleston Harriers Colours: Blue with Yellow Band
425 Ruairidh Munro

Stornoway RC Colours: Red with Yellow Hoop
426 Calum Smith 427 Stewart Chalmers

Victoria Park AAC Colours: Blue and White Hoops
428 Max Ralston 429 David Law 430 Gregor Innes 431 Niall Murray
432 Stuart Jamieson 433 Gary Mooney

15th Annual Under 20 Mens' Championships (Over 17 but Under 20 as at 1 st September, 2006)	
Distance 8,000 metres	The race will start at 1.55
The winning team to hold the 'Marshall Trophy' for 12 months	Title holders: Kilbarchan AAC
The winning individual to hold the 'Livingstone Trophy' for 12 months	Individual Winner: Alastair Hay (Central AC) TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC Colours: White with 2 red hoops
434 Mark Haskett 435 Alex Thoires 436 Darren Shinnie 437 Myles Edwards

Central AC Colours: Yellow and Blue
438 Michael Gillespie 439 Kyle Cowie 440 Murray MacLarty 441 Michael Wright
442 Graham Harvey

City of Edinburgh AC Colours: White with one Blue, one Black Hoop
443 Darren Steel 444 Mark Mitchell 445 Kris Gauson 446 Chris Black
447 Ryan O'Hare

Corstorphine AAC Colours: White with Black Trim
448 Calum McKenzie 449 Douglas Selman

Dundee Hawkhill Harriers Colours: Blue and White Quarters
450 Ewan Glassey 451 Andrew Brookes

Edinburgh University H&H Colours: Green with White side Panel
452 Robert Kerr 453 Duncan Coombs 454 Matthew Sutherland 455 Iain Clark
456 Alistair Marshall

Falkirk Victoria Harriers Colours: Black with Gold Band
457 Colin McCluskie

Fife AC Colours: White with Red Band
459 Alex Jones

Gala Harriers Colours: White with Green Band
460 Ewan Lindores 461 Rory Methven

George Heriots School Colours: White with Blue Band
462 James McLay 463 Rory Downie

Giffnock North AAC Colours: Amber with Royal Blue Hoop
464 David Phee

Glasgow School of Sport
465 Matthew Turner

Glasgow University H & H Colours: Black and Gold
466 Andrew Douglas

Greenock Glenpark Harriers Colours: Sky Blue with Royal Blue and Gold Hoops
467 Stephen Trainer 468 Andrew McCall 469 Michael McLoone Jr

Highgate Harriers
470 Ryan McKinlay

Inverclyde AC Colours: Black & White Stripes
471 Craig Ruddy 472 Sean Gaffney

Irvine AC Colours: Red with Black Trim
473 William Morgan

Kilbarchan AAC Colours: Gold with Black Hoop
474 Derek Hawkins 475 Graeme Wallace 476 Conor McNulty 477 Andrew Jack
478 Fraser Williams 479 Chris Devenney 480 Ross Toole 481 Nicholas Moore

Law & District AAC Colours: Amber with 2 Red Bands and 1 White Band
482 Gary Grieve

Lothian Running Club Colours: Blue with Black letters
483 Darren Thomson

Nithsdale AC Colours: Jade Green/Black/White
484 Michael McKean

Ron Hill Cambuslang Harriers Colours: Red with White Band
485 Matthew Waterston 486 David Ward 487 Stephen Dunn 488 Ryan Dickson
489 Chris Brown 490 Jonathan Pelosi

Shettleston Harriers Colours: Blue with Yellow Band
491 Gordon Phillips 492 Stuart Greenway 493 Matthew Turner 494 Mark McKelvie

Stroud AC
495 Thomas Russell 496 Alexander Russell

Teviotdale Harriers Colours: White with Maroon Band
497 Derek Scott

Victoria Park AAC Colours: Blue and White Hoops
498 Martin Hayes 499 Derek Gibb

15th Annual Senior Womens' Championships (Over 20 years of age as at 1 st September, 2006)	
Distance 8,000 metres	The race will start at 2.25
The winning team to hold the Daily Record Trophy for 12 months	Title holders: City of Glasgow AC
The winning individual to hold the 'Mary Semple Trophy' for 12 months	Individual Winner: Freya Murray (Edinburgh Southern H)
TEAMS NOT LESS THAN 3 & 3 TO COUNT	

Aberdeen AAC Colours: White with 2 red hoops
358 Sonia Armitage 359 Rhona Buchan

Arran Runners Colours: Black/Yellow
360 Janet Emsley

Bellahouston Road Runners Colours: Purple with White Band
361 Claire Thompson 362 Helen Palmer 363 Nicola Johnston 364 Julia Harris
365 Sarah Dowling 366 Iona Robertson 367 Elke Schmidt 368 Helen Stuart

Caldergleng Harriers Colours: Amber and Black Vertical Stripes
369 Mandy Cullie 370 Louise Brown 371 Mary Goldsmith
372 Frances Maxwell

Carnegie Harriers Colours: Orange & Green
373 Fabienne Thompson 374 Nicola May 375 Kate McKinnon
376 Morna Fleming 377 Lynne Bennet 378 Anne Nally 379 Helena Sim
380 Laura Stewart

Carnethy Hill RC Colours: Yellow with Red letters
381 Jill Mykura 382 Angela Mudge 383 Lyn Wilson

Central AC Colours: Yellow and Blue
384 Hazel Dean 385 Claire Waterhouse 386 Emma Waterhouse
387 Ainsley Normand 388 Elinor Coombs 389 Louise Harris 390 Mary Kerr
391 Stephanie Loach 392 Fiona Thompson 393 Morag MacLarty
394 Sarah-Jane Pickett 395 Tracey McNally 396 Andrina Buchanan
397 Helen Campbell 398 Morag Adam 399 Alison Docherty

City of Edinburgh AC Colours: White with one Blue, one Black Hoop
400 Joanne Whitehead 401 Nathalie Christie 402 Catherine Ferry
403 Marietta Vander Linden 404 Jennifer MacLean 405 Faye McManus
406 Victoria Lomax 407 Janet Dunbar 408 Kim Threadgall
409 Sharyn Ramage 410 Debra Murray 411 Lucy Colquhoun 412 Gillian Palmer
413 Kim Forbes 414 Eilidh Wardlaw 415 Rebecca Moore 416 Heather Scott
417 Sarah Balancier

City of Glasgow AC Colours: Royal Blue with Green Panel
418 Susan Partridge 419 Kirsteen Young 420 Lindsay MacNeill
421 Jacqueline Thomson 422 Susan Finch 423 Claire McCracken 424 Collette Fagan
425 Pamela Nicholson 426 Jill Knowles

Clydesdale Harriers Colours: White with Black "C"
427 Christine Duncanson 429 Pamela McCrossan 430 Ann Murray
431 Kathryn Scott

Corstorphine AAC Colours: White with Black Trim
432 Gillian Cockerell 433 Lesley Ferry 434 Jillian Hogg 435 Pauline Kell
436 Lilian McNab 437 Corrie Roberts

Dunbar Running Club Colours: White with Green Diagonal
438 Mary Ennis 439 Emma Taylor 440 Anne Hay

Dundee Road Runners Colours: White with Blue Diagonal
441 Gillian Hanlon 442 Carol Still 443 Lesley Aitken
444 Morag Taggart

East Kilbride AAC Colours: Gold with 2 Black hoops
445 Gillian Anderson 446 Joanne McEvoy 447 Valerie Martin 448 Angela Martin
449 Kelly Smith 450 Lauren Trevethan

Edinburgh Southern H Colours: White /Blue /Red
451 Susan Ridley 452 Vicky Frew 453 Karen Dobbie 454 Freya Murray

Edinburgh University H&H Colours: Green with White side Panel
455 Anna Haw 456 Rose Nicholson 457 Jessica VanBinsbergen
458 Jennifer Barker 459 Briony Curtis

Falkirk Victoria Harriers Colours: Black with Gold Band
460 Janette Stevenson 461 Fiona Matheson 462 Caroline Lawless 463 Sharron Gunn

Ferranti AAC Colours: Yellow with Black letters
464 Susana Gonzalez-Sanchez

Fife AC Colours: White with Red Band
465 Sandra Aitken 466 Louise Burt 467 Sarah Cullen
468 Kate Fitzpatrick 469 Kristina Lapinova 470 Sarah Legge
471 Jennifer MacMaster 472 Varry McCullough-Young 473 Susan Moffatt
474 Johanna Paananen 475 Kate Pether-Smith 476 Louise Provan 477 Jocelyn Scott
478 Lorna Sibbett 479 Catharine Sinclair 480 Fiona Walker 481 Kathryn White

Forfar Road Runners Colours: Sky Blue
482 Elizabeth Nicoll

Gala Harriers	Colours: White with Green Band		
483 Katy Anderson	484 Rachel Fagan	485 Kate Jenkins	486 Karen Renton
487 Gillian Duncan	488 Fiona Dalgleish	489 Karen Haldane	
490 Melanie Goodson	491 Patricia Affleck	492 Nicola J. Meikle	
493 Suzanne Carson	494 Eileen Nicol	495 Dianne Lauder	
496 Leanne Haining	497 Margot Crosbie		
Garscube Harriers	Colours: White with Blue Band		
498 Marion Kelly	499 Kate Chapman	500 Lesley Chapman	501 Jill O'Neil
502 Carole Gilmour	503 Kathryn Ellis	504 Alison Winship	
505 Heather McIntosh			
Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
506 Mary McCutcheon	507 Hilary Millar	508 Maureen McVey	
Greenock Glenpark Harriers	Colours: Sky Blue with Royal Blue and Gold Hoops		
509 Alison King	510 Eleanor Kane	511 Elizabeth Forbes	
Helensburgh AAC	Colours: Yellow with Red Band		
512 Michelle Hetherington	513 Julia Henderson	514 Jennifer Fitzgerald	
515 Debbie Savage	516 Mary MacQuarrie	517 Emma Cummings	
Highland Hill R			
518 Mari Todd			
Hunters Bog Trotters	Colours: Brown		
519 Jessica Batterham	520 Elizabeth Blaber	521 Christine Buckley	522 Claire Gordon
523 Jane Hart	524 Isobel Knox	525 Deborah MacDonald	526 Miranda Grant
527 Morag McCracken	528 Megan Mowbray	529 Sandra Rathjen	530 Janice Smith
531 Claire Ward	532 Eilidh Wardlaw	533 Emily Kilburn	
Inverclyde AC	Colours: Black & White Stripes		
534 Rhona Bushfield	535 Janice Hendrie	536 Siobhan Currie	537 Claire Kelly
538 Alma Imponeti			
Irvine AC	Colours: Red with Black Trim		
539 Helen Morton			
Johnnie Walker Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
540 Allison Simpson	541 Paula Wilson	542 Janet Murray	543 Arlene Rowan
Kilbarchan AAC	Colours: Gold with Black Hoop		
544 Karen Yule	545 Hannah Waugh	546 Kerry Lang	
547 Nicola Fleming	548 Lorraine Sharp	549 Wanda Phillips	550 Lynsey Curran
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
551 Ada Stewart	552 Pamela Parker	553 Marie McChord	
554 Shirley MacNab	555 Annmarie McCaffrey	556 Mary Hendry	
557 Susan Addison	558 Angela C Stewart		
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
559 Margaret Imlah			
Livingston & District AAC	Colours: Yellow with Green Stripe		
560 Yvonne Crilly	561 Sue McDowall		
Lochaber AC	Colours: White with 2 Blue Hoops		
562 Dawn Scott			
Lothian Running Club	Colours: Blue with Black letters		
563 Marsie Ewing	564 Jill Horsburgh	565 Kate Kitchen	566 Edel Mooney
567 Helen Murray	568 Margaret Turnbull		
Motherwell AC	Colours: Red with White edging		
569 Clare Barr	570 Phyllis Hands	571 Carole Munro	572 Jessie Miller
Pitreavie AAC	Colours: Navy/Yellow/White		
573 Alison Whyte	574 Sarah Gillespie	575 Hazel Bradley	576 Jayne Clark
577 Avril McQueen			
Portobello RC	Colours: White with Navy and Blue Bands		
578 Amanda Henderson	579 Kerry Costello	580 Sheena Sutherland	581 Mary Hunter

Shetland AAC	Colours: White Vests 3 Blue Hoops		
582 Claire Wilson			
Shettleston Harriers	Colours: Blue with Yellow Band		
583 Avril Mason			
Springburn Harriers	Colours: Navy Blue with White Diamond		
584 Lesley Chisholm	585 Michelle Sandison	586 Clare Gemmell	587 Julie Thomson
588 Frances Florence			
Troon Tortoises AC	Colours: Yellow with 2 Black Half hoops		
589 Moira Connell	590 Anne Noble	591 Karen Robertson	
Unattached			
592 Catriona Morrison			
West Dunbartonshire AC	Colours: Green with Navy Blue Stripe		
593 Jane Dunlop			
Westerlands CCC	Colours: Yellow with Black "W" on Back		
594 Muffy Calder	595 Pauline McAdam	596 Jane Robertson	597 Ana Talbot
598 Christine Menhennet			

15th Annual Senior Mens' Championships (Over 20 years of age as at 1 st September, 2006)	
Distance 12,000 metres	The race will start at 3.00
The winning team to hold the 'Elkington Shield' for 12 months	Title holders: Ron Hill Cambuslang H
The winning individual to hold the 'W H Dunlop Trophy' for 12 months	Individual Winner: Simon Plummer (Southampton RC)
TEAMS NOT LESS THAN 6 & 6 TO COUNT	

Aberdeen AAC	Colours: White with 2 red hoops		
1 Frank Boyne	2 Alexander Peddie	3 Keith Charlton	4 Iain Murdoch
5 Benjamin Hukins			
Arran Runners	Colours: Black/Yellow		
6 Paul Emsley			
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross		
7 Laurence Baker	8 Connell Drummond	9 Kevan Fulton	
Bellahouston Harriers	Colours: Dark Blue with Light Blue Cross		
10 Campbell Joss	11 Jeremy Garnett		
Bellahouston Road Runners	Colours: Purple with White Band		
12 Kenneth Richmond	13 Ken Macmahon	14 Douglas MacGregor	
15 Colin McAlpine	16 Marcos Sanz Gomez	17 Steff Strang	18 Scott Kennedy
19 David Tamburini	20 David Stakes	21 Matthew Williamson	
Calderglen Harriers	Colours: Amber and Black Vertical Stripes		
22 Russell Couper	23 Graham Lindsay	24 David Herbertson	25 Alan Cullie
26 Malcolm Buchanan	27 Roderick Shanks	28 Edward Reid	29 Jim Holmes
30 Kenneth Davidson	31 Ian Rae	32 Alan Derrick	33 Kenny Beattie
34 Colin Banks	35 Stuart Waugh	36 Charles Steven	37 Gerard Mullen
38 George Stewart	39 Scot Hill	40 Stuart Gibson	
Carnegie Harriers	Colours: Orange & Green		
41 Simon Plummer	42 Ian Johnston	43 Stephen Greer	44 Alan Cockburn
45 Neil Campbell	46 Phil Smithard	47 Thomas Lawrence	
48 Duncan McGougan	49 Peter Simpson	50 Steven Ogg	
51 Kenneth Daniels	52 Lewis Lawson	53 Ian Stewart	
54 Ryan McKenzie	55 David Millar	56 Michael Cowie	57 Bill Duff
58 John McArthur	59 George Murdoch	60 David MacLean	
Central AC	Colours: Yellow and Blue		
61 Robert Russell	62 Alastair Hay	63 Alasdair Anthony	64 Ross Houston
65 Lewis Millar	66 Steve Laing	67 Alex Milne	68 Philip Williams

69 Miguel Merayo	70 Martin Crawford	71 David Lindsay	72 Alan Hume
73 Philip Sweeney	74 John Millar	75 Cameron Campbell	76 David Hay
77 Hugh Kerr	78 Hugh Buchanan	79 Gordon Adam	80 Stuart Watson
81 Euan Bell-Scott	82 Allister Hargreaves	83 Robert Hutchison	
84 James Drummond	85 Alan Gall	86 Philip Hendry	87 Douglas Flynn
88 John Dickson	89 Roger Greenaway	90 Will Hensman	
City of Edinburgh AC	Colours: White with one Blue, one Black Hoop		
91 Roger Alsop	92 Graham Beal	93 Matthew Bell	94 Sandy Cameron
95 Yoann Colombet	96 Keith Dunlop	97 Martin Ferguson	98 Owen Flage
99 William Gallacher	100 Darren Gauson	101 Alistair Hennessey	
102 Jonathan Henderson	103 Richard Hope	104 Brian Howie	105 Scott Innes
106 Mark Johnston	107 Andrew Laycock	108 S. Kealey	109 Keith Lyall
110 Juan Mareque	111 Alex MacEwen	112 Walter McCaskey	113 Robert McFall
114 Stephen Maniam	115 Lars Ottemoller	116 Robert Riddell	117 Bill Rubie
118 Scott Thomson	119 Martin Sneddon	120 Darren Steel	121 Grant Stewart
122 Eric Stevenson	123 Neil Thin	124 Adam Ward	
125 Sean Wilkinson	126 Robert Wiseman		
Clydesdale Harriers	Colours: White with Black "C"		
127 James Austin	128 Augustine Cairney	129 Brian Campbell	130 Michael Diver
131 Craig Calderwood	132 John Foley	133 John McArthur	
134 Bobby Rossborough	135 Peter Rudzinski	136 Robert Young	137 Colin Gray
138 Iain Robertson			
Corstorphine AAC	Colours: White with Black Trim		
139 Moray Anderson	140 Scott Bisset	141 Dean Carr	142 John Christy
143 Bryan Clark	144 Tom Ferrington	145 Graeme Fletcher	146 Keith Hood
147 Martin Hulme	148 Robert Hume	149 David Law	
150 Alistair McColl	151 Gordon McLean	152 Timothy Norwood	
153 Steven O'Brien	154 Chris O'Brien	155 John O'Hara	156 David Patton
157 Scott Pilkington	158 Ewan Stark	159 Jan-Bert Van Den Berg	160 Grant Wilkie
Dumbarton AAC	Colours: Black with Red Band		
161 Alastair Morrison	162 Alan Fleming	163 Neil Prior	164 Mark Walsh
165 Steven Pitt	166 Brian Clarke	167 Stewart Sloss	168 Frank Yeoman
169 Peter Walsh			
Dunbar Running Club	Colours: White with Green Diagonal		
170 Jamie Cherrie	171 Stephen Pattison		
Dundee Hawkhill Harriers	Colours: Blue and White Quarters		
172 Neil Gunstone	173 John Castle	174 Stephen Mason	175 Craig Ross
176 Alan Lawson	177 John Osborne	178 Ged Keane	
Dundee Road Runners	Colours: White with Blue Diagonal		
179 Alan McLeod	180 Kenneth McLeod		
East Kilbride AAC	Colours: Gold with 2 Black hoops		
181 Grant Baillie	182 Michael Browne	183 Gordon Colvin	
184 David J. Condra	185 Edgar Ramage	186 Graeme Haddow	187 Mark Smith
188 William Taylor	189 Graeme Caskie	190 Alan Mitchell	
Edinburgh University H&H	Colours: Green with White side Panel		
191 Rupert Nash	192 Matthew Donnelly	193 Huw Jones	194 Benedict Cole
195 Gwyn Bellamy	196 William Bailey		
Falkirk Victoria Harriers	Colours: Black with Gold Band		
197 Stephen Moore	198 David Bunyan	199 Andrew Ronald	200 John Martin
201 Alexander Davidson	202 John Stevenson	203 David Robertson	204 Neil Robertson
205 Kerr Johnstone	206 Alasdair Stewart	207 Michael McQuaid	
208 Keith Boardman			
Ferranti AAC	Colours: Yellow with Black letters		
209 Edward McDonald	210 Adam Priestley	211 Alex Bell	212 Walter Fairnie
213 Trevor Ridley	214 James Shaw	215 Iain Shaw	216 Stephen Reid
217 Robert Miller			

Fife AC	Colours: White with Red Band		
218 Bryce Aitken	219 David Anderson	220 Laurence Anderson	
221 Andrew Barker	222 Gary Barker	223 David Bee	224 Graham Bee
225 Graham Bennison	226 Thomas Bowie	227 David Adam	
228 Brian Cruickshank	229 Thomas Donaldson	230 Nigel Fowler	231 David Francis
232 Owen Greene	233 Tom Greene	234 Douglas Gunstone	235 Ian Hawkins
236 Andrew Howett	237 John Kay	238 Daniel MacQueen	
239 Frank McLaren	240 Michael Mitchell	241 Terry Mitchell	
242 Steven Pennycook	243 Gary Pirie	244 Ian Poolman	245 Frank Popham
246 Alastair Robertson	247 Christopher Russell	248 Edwin Sanders	249 Mel Scobie
250 Tom Scott	251 David Shepherd	252 Bill Smith	253 James Taylor
254 David Weir	255 Andrew Wright	256 Neil Young	
Forfar Road Runners	Colours: Sky Blue		
257 Craig Stewart	258 Ronald Milne		
Forres Harriers	Colours: Red		
259 Ben Livesey			
Gala Harriers	Colours: White with Green Band		
260 Graeme Murdoch	261 Euan Jardine	262 Martin Clarke	
263 Fergus Johnston	264 Malcolm Gowans	265 Robert McCrirrick	
266 Alistair Wright	267 Will McDermott	268 Alan Goodson	269 Thomas Knox
270 Graham Capper	271 Gregor McAneny	272 Robin Murray	273 David Hunter
274 Anthony Lunn	275 Allan Gordon	276 Graham Pogson	277 David Darroch
278 Derek Fraser	279 Neil Aitchison		
Garscube Harriers	Colours: White with Blue Band		
280 David Atkin	281 Marco Consani	282 Lindsay Cunningham	283 John Dryden
284 David Geddes	285 Paul Goddard	286 Andrew Griffiths	287 Euan Mackay
288 Robert McLennan	289 Athole Smith	290 James Taylor	
291 Dermot Williamson			
George Heriots School	Colours: White with Blue Band		
292 David Armstrong			
Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
293 Martin Myant	294 Derek Breen	295 James Galbraith	296 Graeme Croll
297 Stewart Walker	298 Gerard McNamee	299 Neil Deerey	300 George Taylor
301 Derren Thomson	302 Billy Clark	303 Alan Stewart	
304 Martin O'Donnell	305 David Logan	306 Steven Milligan	
Girvan AAC	Colours: White with Blue & Green Hoops		
307 Nathaniel Taylor	308 Colin Brash	309 Iain Davidson	310 Craig Murphy
311 Angus McTaggart			
Glasgow University H & H	Colours: Black and Gold		
312 Rory Scott	313 John Pearman	314 Angus McLachlan	
Greenock Glenpark Harriers	Colours: Sky Blue with Royal Blue and Gold Hoops		
315 Christopher MacKay	316 Daniel McLaughlin	317 Richard Davidson	
318 Alan O'Rourke	319 Robert Wilson	320 Steven Campbell	
321 Duncan MacNeill	322 Graham Kane		
Haddington East Lothian Pacemakers	Colours: Red and White Halves		
323 Paddy McDonald	324 Brian Carr	325 Frederick McCain	326 James Baird
327 George Armstrong	328 Gavin Lightwood		
Harmony AC	Colours: Red with Green Diagonal		
329 Andrew Neilson	330 Robert Turner	331 Kenneth Tindall	
332 Andreas Wilhelm	333 Paul Houston	334 Paul Thompson	335 Alan Grierson
336 Alan Kerr	337 Larry Mathews		
Hunters Bog Trotters	Colours: Brown		
338 Tom Barr	339 Stewart Barrie	340 Simon Brown	341 Steven Cairns
342 Ian Campbell	343 Colin Farquharson	344 Keith Gooch	
345 John Hampshire	346 Ian Harkness	347 Alistair Hart	348 Craig Hunter

349 James Jarvis	350 Will Mair	351 Myles Marshall	352 Neil McKay
353 Billy Minto	354 Daniel Gay	355 James McMullan	
356 Geoffrey Mitchell	357 Philip Mowbray	358 Niall Munro	359 Don Naylor
360 Ivor Normand	361 Jon Rathjen	362 Mark Roberts	
363 Geoff Simpson	364 Jamie Thin	365 Neil Thomas	366 James Thyne
367 Richard Wall	368 Ray Ward	369 Julian Warman	370 Ian Wellock
371 David Wright	372 Murray Strain	373 James Williamson	
Inverclyde AC	Colours: Black & White Stripes		
374 Mark Pollard	375 Graeme Hyett	376 Kevin Kane	377 AC Muir
378 Gavin Morrison	379 Thomas Jamieson	380 John Smillie	
381 Gerard Gaffney	382 Cameron Spence	383 Paul Bushfield	384 Robert Shaw
385 Jude Boulton	386 Tom Tracey		
Irvine AC	Colours: Red with Black Trim		
387 James Sneddon	388 Colin Miller	389 Ian McManus	390 John Moore
391 Peter Collier	392 Brian Craig	393 Iain Fraser	394 James White
395 Andrew Rennie	396 David Millar	397 Alex Allardyce	398 Iain Hamilton
399 George Irving			
Johnnie Walker Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
400 Edward Tonner	401 Scott Martin	402 Alasdair Murray	
403 David Mitchell	404 Leslie McDerment	405 Iain Connell	
406 Graham Cairns			
Kilbarchan AAC	Colours: Gold with Black Hoop		
407 James Snodgrass	408 Robert Snodgrass	409 John McMillan	
410 James McMillan	411 Thomas Hearle	412 Robert Quinn	
413 Calum Morrison	414 John McInnes	415 Robert Allison	
416 Robert Connell	417 Andrew Clugston	418 Alan J Niven	419 Donald Petrie
420 Thomas Anderson	421 Steven Hards	422 Ian MacDougall	
423 Michael McGinley	424 Alexander Ross	425 Paul Arcari	
426 Michael Finlay			
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
427 Alistair Allan	428 Iain Reid	429 Jim McLoone	430 Chris Stewart
431 Stuart Kerr	432 Edward McLoone	433 Gary Mitchell	
434 Robert Rogerson	435 Kenny Grant	436 Thomas McChord	437 Howard Elliott
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
438 Ben Mitchell	439 Barney Phillips	440 John Murray	441 Daryl Philip
442 Alasdair Anderson	443 Kenneth Valentine	444 Neil Rutherford	
445 Richard Connor	446 Alan McFadden		
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
447 Gordon Douglas	448 Mark Hand	449 Jamie McMorrow	450 Iain Murdoch
451 James Rowley	452 William Scoular	453 Patrick Kelly	454 Jamie Frame
Livingston & District AAC	Colours: Yellow with Green Stripe		
455 Andrew Sneddon	456 Christopher Northam	457 Steven Thomson	
458 George Gilhooley			
Lothian Running Club	Colours: Blue with Black letters		
459 Graeme Ackland	460 Alex Agnew	461 James Alexander	462 David Bell
463 Stephen Dempsey	464 Richard Docherty	465 Mark Kassyk	
466 Alan McIntosh	467 Ross Milne	468 Colin Meek	469 Scott Nelson
470 Iain Donnan			
Maryhill Harriers	Colours: Royal Blue		
471 Stevie Lydon	472 Dougie MacDonald	473 Duncan Riddell	
474 Chris Stockdell	475 Kenneth Stevenson	476 James Addie	
Metro Aberdeen RC	Colours: Black/Yellow Quarters		
477 William Reid	478 Peter Jennings	479 David Barclay	480 Bjoern Reiss
481 Andrew Reid	482 Mark Bilton		
Milburn Harriers	Colours: Light Blue with Dark Blue Diagonal		
483 Patrick Burns	484 Stephen Cowper		

Montrose & D AC	485 George Ferrie
Moray Road Runners	486 George Sim
Motherwell AC	487 Benjamin Hands
	490 Gordon Murray
Musselburgh AC	493 Gordon Eadie
Ochil Hill Runners	496 Ron McCraw
	499 Caspian Richards
Perth Road Runners	501 Michael Carroll
	505 Stephen Ferguson
Pitreavie AAC	508 Jeff Farquhar
	512 Kevin Davie
	516 Colin Simpson
Portobello RC	519 Gerard Scullion
	523 John Forker
	526 Peter Buchanan
Ron Hill Cambuslang Harriers	527 Ross Arbuckle
	530 Colin Donnelly
	534 Greg Hastie
	538 Iain MacCorquodale
	541 Stephen McGrory
	544 Michael O'Hagan
	548 Andrew Steven
	552 Neil Wilkinson
	556 Nigel Leighton
Shettleston Harriers	559 William Coyle
	563 Allan Adams
	567 Ian Johnston
	571 Desmond Crowe
	575 Iain MacFarlane
Springburn Harriers	577 George Inglis
	581 Derek Houstoun
	585 Robert Young
Stornoway RC	587 Malcolm Bain
	591 Ross Munro
Strathearn Harriers	594 Ian Beattie
Teviotdale Harriers	596 David Cavers
	599 Robert Cranston
	603 Raymond Jaffray
	606 Wayne McIntosh
	609 Jonathan Taylor
Troon Tortoises AC	611 George McGregor

Colours: Black and Red

Colours: Dayglow yellow with Black Trim

Colours: Red with White edging

488 Mark Coyle	489 Peter Knudsen
491 Brian McLinden	492 Alan Tait

Colours: Red with Black Stripes

494 Tony Segall	495 David Adam
497 David Scott	498 Peter Buchanan
500 David Payne	

Colours: Green and White

502 David Knight	503 Derek Phillips	504 Martin Ryan
506 Neil Muir	507 Colin Campbell	

Colours: Navy/Yellow/White

509 Archibald Duncan	510 Nigel Cunningham	511 Barry Davie
513 Barry McCleery	514 Paul McCloskey	515 John Newsom
517 Derek Simpson	518 Stephen Skene	

Colours: White with Navy and Blue Bands

520 Leo Zijerveld	521 Keith Mayfield	522 William Jarvie
524 Ricky Fraser	525 Benjamin Kemp	

Colours: Red with White Band

529 Brian Campbell	532 David Fairweather	533 Robert Gilroy
536 Joseph Kealey	540 Alan MacPherson	537 Robert Lyon
543 Ian Munro	546 Iain Reid	547 Jamie Reid
549 Edward Stewart	550 Charles Thomson	551 Gary Wallace
553 Kerry Liam Wilson	554 Andrew Wright	555 Stephen Wylie
557 David Rodgers		

Colours: Blue with Yellow Band

560 Peter Carton	561 Raymond Loughran	562 John Duffy
564 Martin Graham	565 Andy Little	566 Jethro Lennox
568 Ryan Montgomery	569 Denis Williams	570 Marc McColl
572 Kenneth McCoy	573 Marcus Scotney	574 Paul Sorrie
576 Adam Lee		

Colours: Navy Blue with White Diamond

578 Brian Mackie	579 Andrew Callan	580 John Bell
582 Joseph Chambers	583 Emilio Cosimo	584 Alan Hill

Colours: Red with Yellow Hoop

588 Jim Bruce	589 Douglas Flett	590 Andrew Joyce
592 Coinneach Morrison	593 William Ferguson	

Colours: White with Maroon Band

597 Alister Biggar	598 Alan Colman	602 Alan Inglis
600 Billy Fraser	601 Craig Grieve	
604 Bill Knox	605 Gareth Mayze	
607 Keith Murray	608 Kenneth Short	
610 Darrell Hastie		

Colours: Yellow with 2 Black Half hoops

612 Owen Light	613 Charles Martin
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Unattached

614 Patrick Mullen

Victoria Park AAC

618 Gerard Craig

621 Duncan Thomson

Wee County Harriers

622 Sidney Pask

626 Lee Graveling

Westerlands CCC

628 Brian Bonnyman

632 Graeme Orr

635 Andrew Turnbull

639 Murdo MacLeod

615 James Dobbie

Colours: Blue and White Hoops

619 Alan Hamilton

616 Alan Cameron

620 Vernon Phoenix

Colours: Navy and Orange

623 Trevor Andrews

627 Derek Killin

624 Stuart Aitken

Colours: Yellow with Black "W" on Back

629 David Calder

633 Hamilton Semple

636 Chris Upson

640 Gavin Struthers

630 John Donnelly

634 Ian Struthers

637 Luke Arnott

641 Daniel Reid

617 Billy Carswell

625 Martin Quinn

631 Jason Kaushal

638 Swaz Fraser

ScottishPower

gas and electricity

The energy people